REGISTER NOW TO AVOID DISAPPOINTMENT



SUMMER UNI 2023

80+ FREE ACTIVITIES FOR YOUNG PEOPLE

FROM MON 24 JUL - 24 AUG AGE 11-19 (UP TO 25 IF YOU HAVE A DISABILITY)



THIS SUMMER IT'S YOUR TURN **REGISTER NOW**





@Youth_Enfield #youthenfield

Email: SUregistration@enfield.gov.uk

Register now: www.youthenfield.taptub.co.uk/register





Summer Uni 2023 is back BIGGER and BETTER!

Registration for courses will take place **ONLINE**.

You can book onto courses from Saturday 8 July either online or at the Summer Uni Launch Event 8 July 11am-3.30pm at Enfield Civic Centre, Silver Street EN1 3XA.

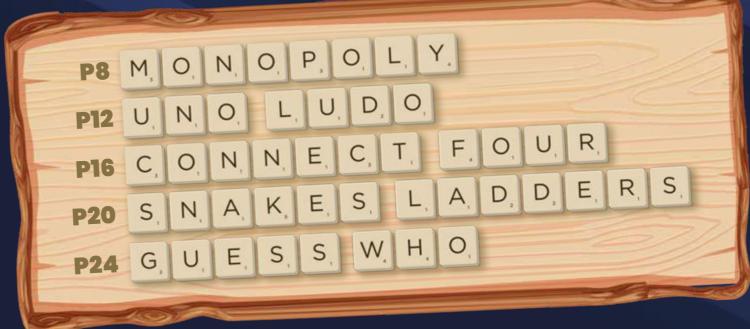
Enjoy a fabulous summer holiday for young people aged 11-19 and up to 25 with SEND who live, work or study in Enfield.

You can choose from over 80 activity courses that will be held all over the London Borough of Enfield.



CONTENTS

We have over 80+ free activities for young people aged 11-19 (up to 25 with SEND) to sign up to during the summer holidays.



Courses go live on Saturday 8th July 2023

(Each young person can sign up to 3 courses)

This year young people aged 11-16 who receive free school meals will be eligible for nutritious free pack lunches, if they sign up to our holiday camps taking place at Ponders End, Craig Park and our new SEND provision Bell lane Youth Club. This information can be found on the Youth Enfield website.

Courses are available on a first come first served basis. If you have any issues with registering please email summeruni@enfield. gov.uk

Everyone applying must complete the registration form online. Clearly fill in your details. Please note that young people under 16 will need a parent/guardian's signature on the form. Over 16's can self consent. You can register from NOW! All courses will be available on Saturday 8 July 2023.

Courses and venues may be subject to change at the last minute due to unforeseen circumstances; all participates will be informed.

The Game Masters!

Join our team of enthusiastic Game
Masters as they throw the dice and take
their turn in playing fun games during the 5
weeks of the summer holidays. Each week
has a different game design associated
and our team of young leaders have
endeavoured to make each weeks layout a
new challenge.

Enjoy searching for your choice of 3 summer activities.

REGISTER NOW AT

WWW.YOUTHENFIELD.TAPTUB.CO.UK/REGISTER



We would like to thank the 2023 Young Leaders who have been integral to this program.



They have volunteered for months have been involved in every part from judging the applications to choosing activities, working on brochure design, having an input in the marketing, starring in the photographs in this brochure and being wonderful ambassadors for Enfield's Youth Development Service. On top of this they have successfully achieved accreditation in Youth Leadership.

If this sounds like something you would like to be involved in next year please email **yemi.akinfenwa@enfield.gov.uk** and next year's brochure could be starring you!



OUR 2023 YOUNG LEADERS

Malori Celiskan
Hazal Aydemir
Jessica John
Ruth Mobenge
Stephanie Frimpong
Chaquelle Boothe
Monique Adewale

Gaelle Tshiamala
Ela Hurman
Jayden Williams
Tia Williams
Destiny Aamminou
Edith Arthur
Luca Julu

REGISTER NOW AT

WWW.YOUTHENFIELD.TAPTUB.CO.UK/REGISTER

Summer Uni Inspire to Aspire Programmes

This year Summer Uni is hosting several courses which will give young people the opportunity to participate in courses which gives them an introduction into industries.

These courses are very popular and will get booked up fast, so don't delay register now and book when courses go live on Saturday 8 July.

Check out each week for more info regarding the courses:

Week 1

Inspiring Young Fashion Designer Inspiring Young Doctor

Week 2

Inspiring Young Fashion Designer
Inspiring Young Property Entrepreneur

Week 3

Inspiring Young Game Developer Inspiring Young Hair Stylist Inspiring Young Doctor

Week 4

Inspiring Young Influencer

SAVETHE DATE!

The Ignite Awards showcase Summer Uni's young peoples achievements

THU 24 AUG 2023



SEND COURSES

Summer Uni aims to provide "Universal Activities" for all young people age 11-19 (up to 25 SEND).

All our Summer Uni courses are **Universal Activities**, these courses are intended to be accessible to all young people where possible, but please note that we are unable to provide personal care or 1:1 support. If you are unsure whether a course is suitable for you, or your child, please email **suregistration@enfield.gov.uk**

"Summer Uni Universal Plus" Our Universal Plus activities are for young people with SEND who need some additional support. Summer Uni will run SEND specific courses at Bell Lane Youth Club during the summer holidays. Bell Lane SEND specific Youth Club has a ratio of 1 staff member to 5 young people and has 20 places available. Please note that we are unable to provide personal care of 1:1 support on these courses. If your child has complex needs; you can refer to Holiday Play and Leisure Activities for Children and Young People with SEND for more specialist activities during the summer.



REGISTER NOW AT

WWW.YOUTHENFIELD.TAPTUB.CO.UK/REGISTER

Bell Lane Youth

The Bell Lane SEND specific Summer Uni Youth Club will run every Monday and Tuesday for 4 weeks, providing several courses and activities aimed at young people with SEND.

Week 1

The Bell Lane SEND specific Summer Uni Youth Club. Come and take part in the Summer Uni Youth Club. Get involved in arts & crafts, cooking and sports programmes.

FEATURED ACTIVITIES:

Mon - Strike Back Martial Arts Tue - Multi Sport

DATES: Mon 24 Jul - Tue 25 Jul VENUE: Bell Lane Youth Club

TIMES: 10am-3.30pm AGES: 11-19 (25 for SEND)

Week 3

The Bell Lane SEND specific Summer Uni Youth Club. Come and take part in the Summer Uni Youth Club. Get involved in arts & crafts, cooking and sports programmes.

FEATURED ACTIVITIES:

Mon - Martial Arts & Henna Cookie Art Tue - Multi Sport & Henna Cookie Art

DATES: Mon 7 Aug - Tue 8 Aug VENUE: Bell Lane Youth Club

TIMES: 10am-3.30pm AGES: 11-19 (25 for SEND)

Week 2

The Bell Lane SEND specific Summer Uni Youth Club. Come and take part in the Summer Uni Youth Club. Get involved in arts & crafts, cooking and sports programmes.

FEATURED ACTIVITIES:

Mon - Martial Arts & Henna Cookie Art Tue - Multi Sport & Henna Cookie Art

DATES: Mon 31 Jul - Tue 1 Aug VENUE: Bell Lane Youth Club

TIMES: 10am-3.30pm AGES: 11-19 (25 for SEND)

Week 4

The Bell Lane SEND specific Summer Uni Youth Club. Come and take part in the Summer Uni Youth Club. Get involved in arts & crafts, cooking and sports programmes.

FEATURED ACTIVITIES:

Mon - Strike Back Martial Arts Tue - Multi Sport

DATES: Mon 14 Aug - Tue 15 Aug VENUE: Bell Lane Youth Club

TIMES: 10am-3.30pm AGES: 11-19 (25 for SEND)

If you wish to discuss your child needs, please email

suregistration@enfield.gov.uk





GET ACTIVE & TUCK IN

Holiday Camps

Enfield Council Youth Development Service are providing fantastic free activities and hot meals during the summer holiday.

There are two holiday camps running at:

Craig Park Youth Centre

2 Lawrence Road, Edmonton N18 2HN

Ponders End Youth Centre

141 South Street, Enfield EN3 4PX

Our summer holiday camps are designed to help your young people get active, introduce them to new and exciting activities, and create a fun-filled experience they will remember forever.

We have loads of fun activities during the summer, such as sports, performing arts, and games to enjoy each week.

We have free trips and outings to places such as Southend and Rollernation.
There will also be an overnight residential to PGL Bawdsey Manor and an end of summer BBQ.

Camps will take place on the following dates and times:

To book onto the camps you must be aged between 11-16 and currently receiving free school meals. Visit Youth Enfield Positive Activities Portal to register and book on to the programmes from 8 July.

Craig Park Youth Centre

Every Monday - Thursday

DATES: 24 July - 17 August TIMES: 11am-3pm AGES: 11-16

Ponders End Youth Centre

Every Monday - Thursday

DATES: 24 July - 17 August TIMES: **11am-3pm** AGES: **11-16**

REGISTER NOW AT

WWW.YOUTHENFIELD.TAPTUB.CO.UK/REGISTER

WEEK ONE Mon 24 Jul - Fri 28 Jul

TeenScheem

ECYPS will be running 4 weeks of Summer Teenscheme for children and young people aged 11–17 at Alan Pullinger Centre. FUN packed inclusive activities including graffiti art, multi sports and games including roller skating, tag rugby, golf, dodgeball, music session, healthy cooking, make-up workshop, consoles and trips. Sessions take place from 10am-3pm on Monday and Tuesday on-site, with trips TBC. Bring a packed lunch and enjoy being active, gain confidence, develop new friendships and have FUN!!

DATES: Mon 24 Jul - Tue 25 Jul
VENUE: Alan Pullinger Youth Centre
TIMES: 10am-4pm AGES: 11-17 (25 for SEND)

Make Your Own Music Video

Students will work in groups to produce their own music videos using music of their choice. They will look at different types of music videos and decide how they wish to bring a chosen song to the screen. Using professional filming equipment, they will be taught the necessary skills to plan, film and edit their music video. As well as filming, students are encouraged to be on screen acting or miming their song so that they can get an understanding of all that is required to make a music video. Each student will leave with a copy of their films.

DATES: **Thu 27 Jul - Fri 28 Jul** VENUE: **Bell Lane Youth Centre** TIMES: **10am-4.30pm** AGES: **11-19 (25 for SEND)**

Jazz

The young people will learn dance skills, techniques and moves before using them in dance routines. These routines will be rehearsed and can be performed to parents/carers, friends and course peers/teachers. They will learn different dance techniques and choreography, learning to work alone/with a partner/as a group, spatial awareness and stage craft. Students who follow our programme not only leave having learnt dance steps and a full routine, they will also have improved their stamina, mental health and self-confidence.

DATES: Mon 24 Jul - Fri 28 Jul VENUE: Unity Hub @ Craig Park TIMES: 10am-1pm - 11-14

TIMES: 1.30pm-4.30pm - 15-19 (25 for SEND)

Job Ready

Work Works are employment focused and employment led, we provide bespoke employability sessions which are targeted to equip young people with the skills they need to enter the working world. Our job ready sessions consist of unlocking potential, increasing confidence, CV writing and interview skills with access to our live ring-fenced vacancies.

DATES: Mon 24 Jul - Tue 25 Jul
VENUE: Enfield Town Library
TIMES: 11am-4pm AGES: 13-19 (25 for SEND)

THFC Foundation Multi Sports Sessions

Qualified coaches from the THFC Foundation will provide football and sports sessions throughout the summer. This will be a great opportunity to get fit and active. You must book on to each session however this will not affect your three course limit. So enjoy and keep booking as long as it does not clash with your other courses.

DATES: **Tue 25 Jul - Wed 26 Jul**VENUE: **Enfield Park**

TIMES: 1pm-3pm AGES: 11-19 (25 for SEND)

First Aid

Have you ever wanted to be able to help out in a medical emergency, at home, at school or college, or in your community? This course will equip you to have the necessary basic first aid skills to help others in a wide variety of First Aid situations. We will practice CPR and recovery position, controlling blood loss and applying dressings, assisting a choking casualty, as well as effectively treating burns and managing seizures and shock. This is a very practical certificated course covering all major areas of first aid practice. Why not come along and learn some vital new skills which might enable you to save a life!

DATES: Fri 28 Jul
VENUE: Enfield Town Library
TIMES: 10am-3.30pm
AGES: 11-19 (25 for SEND)

Mosaic Madness

Have a smashing time with an introduction to wonderful world of mosaic! You will produce your own mosaic using an array of mosaic tiles plus a range of pre-cut shapes, making it easy for even beginners to produce a professional mosaic you will be proud of. Dress for mess!

DATES: Thu 27 Jul - Fri 28 Jul VENUE: Millfield Theatre TIMES: 11am-4pm AGES: 11-19 (25 for SEND)

Unique Design

Design your own T-shirt which you can wear on your way home and more! You will have an introduction to different printmaking techniques that can be used to influence the design for their own T- Shirt or Tote bag. You will experiment with different printmaking techniques which you will use to apply to their design. Dress for mess!

DATES: Mon 24 Jul - Tue 25 Jul

VENUE: Millfield Theatre

TIMES: 11am-4pm AGES: 11-19 (25 for SEND)

Inspiring Young Fashion Designer

Have you ever wanted to be a Fashion
Designer and bring your fashion ideas to
life? If yes, then this is the course for you!
Learn the skills needed required to bring
your ideas to life, from design to garment
construction. You will learn to create fashion
design sketches; understanding different
types of fabric; hand and sewing machine
techniques and garment or product
construction.

DATES: Wed 26 Jul - Fri 28 Jul VENUE: Croyland Youth Centre TIMES: 11am - 4pm

AGES: 11-14



STEM Career Development - Applied Futurology

This STEM programme is built around futurology and a number of themes i.e. STEM Cell Research, Transhumanism, DNA and Health, Nanotechnology, Big data, Artificial Intelligence, 3D printing, Green Technologies, SMART Cities, Cyber safety, Workforce of the future. Other key employability skills will include using project management software, web design, research skills, presentations, etc. Furthermore, the young people will engage in a employability project development exercise to enhance their professional networks and engage with a network of international partners driving the STEM4Tech model in their own countries. All students will be eligible to apply for a CREST award on completion.

DATES: **Wed 26 Jul - Thu 27 Jul**VENUE: **Oasis Academy Hadley**TIMES: **10.30am-3.30pm** AGES: **14-19**

Bloxells 11-16

Bloxels is a hands-on platform to experiment, build, and learn through the classic & simple 16-bit pixel video game creation without the need for programming. Remember old skool classics like Super Mario, Legend of Zelda, Sonic the Hedgehog? You will create characters, backgrounds, collectables and enemies, by building with screen-based building directly in the app. You can assign function and add interactivity to their creations, such as animations, movements and more. You can also share your game, experiencing the joy of others playing your game! It's a handson, brains-on creativity and technology experience!

DATES: Tue 25 Jul - Wed 26 Jul VENUE: Oasis Academy Hadley TIMES: 10am-3pm AGES: 11-16

Stir It Up - Caribbean Cooking

Learn the joy of cooking - and eating -Caribbean food in this lively and practical workshop. You'll experience the mouthwatering sensation of preparing, cooking and sharing selected recipes.

Experience something about the history and culture of certain dishes, like jerk chicken, rice and peas, bakes / Johnny cakes, salt-fish fritters, and the countries they come from. You will also find out about the nutrition of certain foods, and learn about food safety and kitchen hygiene.

If you want to learn to make delicious Caribbean food, this workshop is for you. No experience necessary.

DATES: Wed 26 Jul - Fri 28 Jul VENUE: Oasis Academy Hadley TIMES: 11am-4pm AGES: 13-19

Sports Leadership Prep Course

The courses involve activities such as football, basketball, rounders, with an experienced award-winning coach offering both guided & peer-to-peer learning and supervised leadership to ensure that learners have all the skills they need to lead basic physical activities to other people. This is a 2 day basic induction/prep course.

DATES: Mon 24 Jul - Tue 25 Jul
VENUE: Unity Hub @ Craig Park
TIMES: 10am-4pm AGES: 11-19 (25 for SEND)

Next Generation Public Speaking Masterclass

Designed to empower and inspire young minds, this transformative masterclass unlocks the art of persuasive communication. Through the 3-day interactive sessions, participants unleash their unique voices, cultivate confidence, and acquire exceptional public speaking skills. Led by Michael Duberry, this dynamic program ignites passion, fosters selfexpression, and equips the next generation with the tools to captivate audiences. Don't miss this opportunity to elevate your public speaking prowess and join the next generation of extraordinary young individuals who are ready to make a lasting impact. Enrol now and embark on a remarkable journey of self-discovery and

DATES: Mon 24 Jul - Wed 26 Jul VENUE: Ponders End Youth Centre TIMES: 10am-3pm AGES: 13-19

influential communication.

Blackwing Productions

Do your like telling stories? Do you enjoy music and movies? Have you ever wondered if you too can make a move, become a successful actor/actress or create a powerful moving story that can go viral on social media? Welcome to an exciting, fun and engaging workshop where you learn how to jump into the world of movies, media, cameras light and acting!! Don't forget to bring your smile, your swag and your wacky creativity.

DATES: Wed 26 Jul - Fri 28 Jul
VENUE: Ponders End Youth Centre
TIMES: 10am-2.30pm AGES: 11-19 (25 for SEND)

Inspiring Young Doctors

Preparing for medical school is not easy — with the help of lite regal education we can provide a platform where you have a higher chance of getting into a medical school of your choice! By staying up to date with new medical research, gaining an insight into 'a day in the life of a doctor' and being taught by one of the best facilitators — you are sure to gain information that will boost your application.

DATES: Mon 24 Jul - Fri 28 Jul VENUE: Oasis Academy Hadley TIMES: 11am-4pm AGES: 14-19



WEEKTWO

Mon 31 Jul – Fri 4 Aug



Teenscheem

ECYPS will be running 4 weeks of Summer Teenscheme for children and young people aged 11-17 at Alan Pullinger Centre. FUN packed inclusive activities including graffiti art, multi sports and games including roller skating, tag rugby, golf, dodgeball, music session, healthy cooking, make-up workshop, consoles and trips. Sessions take place from 10am-3pm on Monday and Tuesday onsite, with trips TBC. Bring a packed lunch and enjoy being active, gain confidence, develop new friendships and have FUN!!

DATES: Mon 31 Jul - Tue 1 Aug VENUE: Alan Pullinger Youth Centre TIMES: 10am-4pm AGES: 11-17 (25 for SEND)

Inspiring Young Fashion Designer

Have you ever wanted to be a Fashion
Designer and bring your fashion ideas to
life? If yes, then this is the course for you!
Learn the skills needed required to bring
your ideas to life, from design to garment
construction. You will learn to create fashion
design sketches; understanding different
types of fabric; hand and sewing machine
techniques and garment or product
construction.

DATES: **Wed 2 Aug - Fri 4 Aug** VENUE: **Alan Pullinger Centre** TIMES: **11am-4pm** AGES: **11-14**

Inspiring Young Property Entrepreneur

Do you know you can make an extra £1000 per month from properties you don't own? Rent 2 Rent is where an individual rents a property from a landlord for an agreed period of time at a guaranteed fixed rate. This workshop will provide you with the basic knowledge of the Rent 2 Rent strategy, how to source properties and how to spot future good deals

DATES: Wed 2 Aug - Fri 4 Aug VENUE: Bell Lane Youth Centre TIMES: 11am-4pm AGES: 13-19

First Aid

Have you ever wanted to be able to help out in a medical emergency, at home, at school or college, or in your community? This course will equip you to have the necessary basic first aid skills to help others in a wide variety of First Aid situations. We will practice CPR and recovery position, controlling blood loss and applying dressings, assisting a choking casualty, as well as effectively treating burns and managing seizures and shock. This is a very practical certificated course covering all major areas of first aid practice. Why not come along and learn some vital new skills which might enable you to save a life!

DATES: Fri 4 Aug VENUE: Enfield Town Library TIMES: 10am-3.30pm AGES: 11-19 (25 for SEND)

Photography

Let's Take Photos! Do you want to learn how to take amazing photos using modern DSLRs and traditional photography techniques? Over 5 days, our photography course will introduce you to DSLR and traditional analogue photography. Learn about image composition, lighting and different photographic techniques. At the end of the course, you will have learnt a variety of different ways to take stunning photographs.

DATES: Mon 31 Jul - Fri 4 Aug VENUE: Croyland Youth Centre TIMES: 10am-4pm AGES: 11-19 (25 for SEND)

Skills For Life & Conflict Management

Our skills for life sessions will consist of various modules that are targeted to build skills that can be used at work and your personal life.

Skills for life modules include:

- Conflict Management
- Health and Safety within the workplace
- Teamwork
- Staying safe online
- Positive choices

DATES: Mon 31 Jul - Tue 1 Aug VENUE: Enfield Town Library

TIMES: 11am-4pm AGES: 13-19 (25 for SEND)

THFC Foundation Multi Sports Sessions

Qualified coaches from the THFC Foundation will provide football and sports sessions throughout the summer. This will be a great opportunity to get fit and active. You must book on to each session however this will not affect your three course limit. So enjoy and keep booking as long as it does not clash with your other courses.

DATES: **Tue 1 Aug**VENUE: **Enfield Park**TIMES: **1pm-3pm** AGES: **11-19 (25 for SEND)**

DATES: Wed 2 Aug

VENUE: **Broomfield Park**TIMES: **1pm-3pm** AGES: **11-19 (25 for SEND)**

Spray Can Art

Paint the town red with an introduction to stencil cutting and spray can art techniques on different pre prepared surfaces. You will learn the whole process from start to finish whilst developing skills and confidence in creating art with spray cans and other materials. You will create a series of pieces on canvas & different paper backgrounds which you can take home and be proud of. Dress for mess!

DATES: Mon 31 Jul - Tue 1 Aug VENUE: Millfield Theatre

TIMES: 11am-4pm AGES: 11-19 (25 for SEND)



Kick Ass Martial Arts & Multi Sports

A combination of self-defence, kung fu, Tai Chi, boxing pads and strike shields, to get fit, learn to defend yourself and make new friends. Enjoyable fun classes including team building games and some multi sports to keep everyone happy. For beginners no experience required. Free grading examinations. Certificates awarded to successful students, medals to top students. Join a winning team with 35 years of experience.

DATES: Mon 31 Jul & Wed 2 Aug VENUE: Ponders End Youth Centre TIMES: 1.30pm-4.30pm AGES: 11-19

Python Coding 11-16

Do you want to learn Python coding or refresh your basic Python skills? Are you familiar with Scratch block coding? Well, Python in Pieces is a coding environment that has been designed to seamlessly transition you from block code, to text-based coding, taught in secondary school. Complete with activities and resources, Python in Pieces will allow you to learn the coding language of Python with the ability to easily translate from block-code to Python, in BOTH directions. The guided lessons allow you to manage your own learning through the course with our support at every step.

DATES: Tue 1 Aug - Wed 2 Aug VENUE: Oasis Academy Hadley TIMES: 10am-3pm AGES: 11-16

Art Attack SU

From Posca Pens to paint pouring – Local arts organisation Tiger Monkey UK Ltd presents a three day design , making and creative arts course that will be relaxing and fun. Join us at Orchardside Art Studios where you can work digitally as well as make art with paint, clay, modroc, spraypaints and more... Taking part in an Arts Award qualification is optional.

DATES: **Wed 2 Aug - Fri 4 Aug** VENUE: **Orchardside School** TIMES: **10am-3pm** AGES: **11-14**

Make Music with ELM

A fun filled music program with Everybody Loves Music CIC for young people aged 10-19 (up to 25 with disability) to explore their interests in music production and become familiar with the key features of modern music technology using Logic Pro and MIDI, to create original music tracks! This program is for all ages/levels and abilities - you just need to love music! Bring along your instrument if you like (but anyone can take part, even if you don't play an instrument). By the end of this short program young people will be able to walk away with their own hit single!

DATES: Mon 31 Jul - Wed 2 Aug VENUE: Ponders End Youth Centre TIMES: 10am-3.30pm AGES: 11-19 (25 for SEND)

Moving On Stage 2

X7eaven will provide you with an incredible experience of working as a professional in the industry. Take part in a video shoot and be styled by professionals, work with the Video Crew rehearse and perfect songs and dance routines.

DATES: Tue 1 Aug - Fri 4 Aug VENUE: Unity Hub @ Craig Park TIMES: 11am-4pm AGES: 11-19 (25 for SEND)

Sport Leadership Courses at Level 1

Specially designed courses/qualifications that use sport and physical activity to help young people develop and hone their leadership skills whilst helping themselves and others stay active. Young people undertaking a qualification in Sports Leadership will learn and demonstrate important life skills such as effective communication and organisation whilst learning to lead basic physical activities to younger people, their peers, older generations and within the community. The courses involve activities such as football, basketball, rounders, with an experienced award-winning coach offering both guided & peer-to-peer learning and supervised leadership to ensure that learners have all the skills they need to lead basic physical activities to other people. A special certificate is presented upon successful completion of SL1 or SL2 courses. Successful completion of SL1 is requirement to advancing to the SL2 course.

DATES: Mon 31 Jul - Fri 4 Aug
VENUE: Unity Hub @ Craig Park
TIMES: 10am-4.30pm
AGES: 11-19

WEEK



Mon 7 Aug - Fri 11 Aug

3 Day Interactive Retreat Building Psychological Resilience

Embark on a transformative journey of self-awareness, self-care, and personal growth. Engage in activities like journalling, affirmations, mindfulness, and vision boards. Receive a Mission Exhale journal as a personalized gift. Explore holistic well-being, practice self-care, and learn positive self-talk. Create vision boards and affirmations, reflect, and receive a journal. Develop skills in self-reflection, emotional regulation, and stress management. Enhance communication and interpersonal skills. Join us for this empowering retreat and unlock your inner strength!

DATES: Wed 9 Aug - Fri 11 Aug
VENUE: Bell Lane Youth Centre
TIMES: 11am-3pm AGES: 11-19 (25 for SEND)

Teenscheem

ECYPS will be running 4 weeks of Summer Teenscheme for children and young people aged 11–17 at Alan Pullinger Centre. FUN packed inclusive activities including graffiti art, multi sports and games including roller skating, tag rugby, golf, dodgeball, music session, healthy cooking, make-up workshop, consoles and trips. Sessions take place from 10am-3pm on Monday and Tuesday onsite, with trips tbc. Bring a packed lunch and enjoy being active, gain confidence, develop new friendships and have FUN!!

DATES: Mon 7 Aug - Tue 8 Aug VENUE: Alan Pullinger Centre

TIMES: 10am-4pm AGES: 11-17 (25 for SEND)

Stories Through Stills

Unleash your creativity and share your unique stories with Stories Through Stills, a thrilling 2-day photography course for young people. Discover the power of capturing emotions and expressing yourself through the captivating art of photography. From day one, you'll dive into the world of storytelling, framing, and taking your own stunning photos. On day two, you'll master advanced camera functions and learn editing techniques to enhance your visual narratives. Gain invaluable soft skills like effective communication, teamwork, and accepting constructive criticism. Showcase your talent in an online exhibition, sharing your experiences and emotions with peers, friends, and family. Don't miss this incredible opportunity to unleash your creativity and create impactful visual stories. Sign up now and let your photos speak volumes!

DATES: Thu 10 Aug - Fri 11 Aug
VENUE: Alan Pullinger Centre
TIMES: 11am-3pm AGES: 11-19 (25 for SEND)

Making Scents

This workshop is a fun way to learn about making scents using essential oils. Learn how to create your own signature scent and use the scent to create your own beautiful smelling products that you can be proud of. At balance will help you to develop the skills to make your own perfume and body products. So come along and let's get creative and let's have fun.

DATES: Thu 10 Aug - Fri 11 Aug
VENUE: Croyland Youth Centre
TIMES: 11am-3pm AGES: 11-19 (25 for SEND)

Managing Your Money

Unlock your financial potential with Managing your Money! This interactive workshop empowers young people to master essential finance skills, gain confidence in dealing with financial institutions, and conquer economic challenges. Learn how to live within your means, budget effectively, and easily save for a secure future. Discover the secrets behind bank accounts, interpreting statements, solving money mysteries, and making smart financial decisions. Be prepared for the world of work and stay updated on modern financial changes. Don't miss out on this opportunity to take control of your finances and thrive! Sign up now and embark on your journey to financial success.

DATES: Mon 7 Aug

VENUE: Croyland Youth Centre
TIMES: 11am-3pm AGES: 11-19 (25 for SEND)

Inspiring Young Doctors

Preparing for medical school is not easy — with the help of lite regal education we can provide a platform where you have a higher chance of getting into a medical school of your choice! By staying up to date with new medical research, gaining an insight into 'a day in the life of a doctor' and being taught by one of the best facilitators — you are sure to gain information that will boost your application.

DATES: Mon 7 Aug - Fri 11 Aug VENUE: Oasis Academy Hadley TIMES: 11am-4pm AGES: 14-19

THFC Foundation Multi Sports Sessions

Qualified coaches from the THFC Foundation will provide football and sports sessions throughout the summer. This will be a great opportunity to get fit and active. You must book on to each session however this will not affect your three course limit. So enjoy and keep booking as long as it does not clash with your other courses.

DATES: **Tue 8 Aug - Wed 9 Aug** VENUE: **Enfield Town Park** TIMES: **1pm-3pm** AGES: **11-19 (25 for SEND)**





Exodus Youth - Aspire to Achieve

Exodus Youth Hub is a safe space to meet new friends, learn new skills and have FUN. The Aspire to Achieve sessions aim at unlocking potential whilst supporting young people to build essential life skills and providing opportunities to try any and all of the following activities: Life Skills - Healthy Eating and Nutrition, Cooking, First Aid, CPR, Resilience, Confidence, Budgeting & Finance, Mental Health, and Mindfulness techniques Arts & Crafts - Origami, Bead Crafts, Crochet, Cross Stitch, Fashion Design, Rock painting, Drawing, Painting, Hairstyling Physical Activities - Basketball, Football, Boxing, Gymnastics, Netball. Alongside Gaming, Board Games, Puzzles, LEGO and much more.

DATES: Wed 9 Aug
VENUE: Croyland Youth Centre
TIMES: 10am-3pm AGES: 11-19 (25 for SEND)

Sport Leadership Courses at Level 2

Specially designed courses/qualifications that use sport and physical activity to help young people develop and hone their leadership skills whilst helping themselves and others stay active. Young people undertaking a qualification in Sports Leadership will learn and demonstrate important life skills such as effective communication and organisation whilst learning to lead basic physical activities to younger people, their peers, older generations and within the community.

DATES: Mon 7 Aug - Fri 11 Aug VENUE: Unity Hub @ Craig Park TIMES: 10am-4.30pm AGES: 11-19 (25 for SEND)

Inspiring Young Game Developer

Let's Make Games! Do you enjoy playing games? Do you want to create your own game instead? During this 5-day course, you will create a top-down-shooter game for PC's and Mobiles using gaming Software. You will be responsible for designing the game's story, the characters and programming the game. You will learn about game design and the processes of designing and creating your own game. The course will focus on the creation of a Mini-Game that can be played on your mobile phone and computer.

DATES: Mon 7 Aug - Fri 11 Aug VENUE: Unity Hub @ Craig Park TIMES: 10am-3pm AGES: 11-19 (25 for SEND)

First Aid

Have you ever wanted to be able to help out in a medical emergency, at home, at school or college, or in your community? This course will equip you to have the necessary basic first aid skills to help others in a wide variety of First Aid situations. We will practice CPR and recovery position, controlling blood loss and applying dressings, assisting a choking casualty, as well as effectively treating burns and managing seizures and shock. This is a very practical certificated course covering all major areas of first aid practice. Why not come along and learn some vital new skills which might enable you to save a life!

DATES: Tue 8 Aug VENUE: Ponders End Youth Club TIMES: 10am-3.30pm AGES: 11-19 (25 for SEND)

Inspiring Young Hair Stylist

In this course you will learn the basic of braiding or knotless, feed in, stitch and box braids. You will learn basic salon etiquette so that your able to function in a professional salon environment. You will be Barbacide certified in salon hygiene practices and will learn techniques like weaving and colouring. You will also receive certification after completing your courses so that your able to further your interest in the hair industry.

DATES: Mon 7 Aug - Fri 11 Aug VENUE: Oasis Academy Hadley TIMES: 11am-3.30pm AGES: 11-19 (25 for SEND)

Phone Application Design

Have you ever wondered how to make the apps on your smart phone? Well, let's learn how to build apps! You will cultivate your understanding of app design and app creation through the development of multiple unique apps throughout the course. Learn how to add text and images whilst personalising individual screens and tabs. Discover how to link sounds to icons in order to create a bespoke sound effect app. Understand the role that map points and feedback forms can play within app creation and the benefits to both the user and creator. Then publish your new app!

DATES: Tue 8 Aug - Wed 9 Aug VENUE: Oasis Academy Hadley TIMES: 10am-3pm AGES: 11-16



Cooking

Want to learn how to cook simple yet flavourful Caribbean dishes this summer? Sign up to the first 'Hungry Belly Ldn Summer Cooking School' where we will be teaching you how to make popular Caribbean dishes. With almost 5K followers on Instagram we are ready to share our cooking secrets. Once you complete our summer course you will receive a Food Hygiene Certificate Level 2, E-recipes and be a pro at cooking Caribbean food for yourself, family and friends. Limited spaces available, you do not want to miss out!

DATES: Wed 9 Aug - Fri 11 Aug
VENUE: Oasis Academy Hadley
TIMES: 11am-3pm AGES: 11-19 (25 for SEND)

Music Project

Come and join a band, learn the basics of performing, covering songs, writing and being a band mate. You will choose and/ or write songs, record them, and publish them online and perform in a radio broadcast to an online audience. You work in an operational studio with professional equipment.

DATES: Mon 7 Aug - Fri 11 Aug VENUE: Ponders End Youth Centre TIMES: 10am-2pm AGES: 11-19 (25 for SEND)

Kick Ass Martial Arts & Multi Sports

A combination of self-defence, kung fu, Tai Chi, boxing pads and strike shields, to get fit, learn to defend yourself and make new friends. Enjoyable fun classes including team building games and some multi sports to keep everyone happy. For beginners no experience required. Free grading examinations. Certificates awarded to successful students, medals to top students. Join a winning team with 35 years of experience.

DATES: Mon 7 Aug & Wed 9 Aug VENUE: Ponders End Youth Centre TIMES: 1.30pm-4.30pm AGES: 11-19



Exodus Youth - Aspire to Achieve

Exodus Youth Hub is a safe space to meet new friends, learn new skills and have FUN. The Aspire to Achieve sessions aim at unlocking potential whilst supporting young people to build essential life skills and providing opportunities to try any and all of the following activities: Life Skills – Healthy Eating and Nutrition, Cooking, First Aid, CPR, Resilience, Confidence, Budgeting & Finance, Mental Health, and Mindfulness techniques Arts & Crafts - Origami, Bead Crafts, Crochet, Cross Stitch, Fashion Design, Rock painting, Drawing, Painting, Hairstyling. Physical Activities - Basketball, Football, Boxing, Gymnastics, Netball. Alongside Gaming, Board Games, Puzzles, LEGO and much more.

DATES: Wed 16 Aug

VENUE: Croyland Youth Centre

TIMES: 10am-3pm AGES: 11-19 (25 for SEND)

A fun and up-to-date Lyrical based program with Everybody Loves Music CIC for young people aged 10-19 (up to 25 with disability) to address some of Providing a platform to have their individual journeys and experiences will be delivered by experienced rappers and songwriters based in

DATES: Mon 14 Aug - Wed 16 Aug **VENUE: Oasis Academy Hadley**

TIMES: 10am-3pm AGES: 11-19 (25 for SEND)





4 Day Film Workshop

Students will work in groups to produce their own short film using a genre of their choice. They will look at different types of genres in films, horror, suspense, comedy, etc and decide how they wish to bring a story to the screen. Using professional filming equipment, they will be taught the necessary skills to plan, write a script, film, act and edit their film. Each student will leave with a copy of their films.

DATES: Mon 14 Aug - Thu 17 Aug VENUE: Unity Hub @ Craig Park

TIMES: 10am-4.30pm AGES: 11-19 (25 for SEND)

Afro Dance Magic

Get involved in the heart-warming beats of the African drum and learn the traditional African dance moves. Dance into the future and be inspired by the infectious music of Afrobeats and learn to create the dynamic and energetic dance style. The last day concludes with a short presentation of the choreography created through the course.

DATES: Tue 15 Aug - Fri 18 Aug VENUE: Unity Hub @ Craig Park TIMES: 11am-4pm AGES: 11-19 (25 for SEND)

End of Summer BBQ & Film Showcase

Come and take part in Craig park's end of summer fun day for all. There will free popcorn, slushes and Candyfloss. Also come and watch Save Me, a film made by Amani Simpson with young people from Enfield.

DATES: Fri 18 Aug

VENUE: Unity Hub @ Craig Park
TIMES: 3pm-6.30pm AGES: 11-19 (25 for SEND)



Angel Gardens Community Mural Design & Paint

Be part of a team that produce a large scale collaborative mural that will be mounted in ANGEL GARDENS N18 for the public to see. It will remain a permanent piece of public art. You will have an introduction to the work of community & public artists. Using different paint techniques alongside stencil cutting and spray can art techniques you will design & make a mural together on site in the gardens. Dress for mess!

DATES: Mon 21 Aug - Tue 22 Aug VENUE: Angel Gardens

TIMES: 11am-4pm AGES: 11-19 (25 for SEND)

Job Ready

Work Works are employment focused and employment led, we provide bespoke employability sessions which are targeted to equip young people with the skills they need to enter the working world. Our job ready sessions consist of unlocking potential, increasing confidence, CV writing and interview skills with access to our live ringfenced vacancies.

DATES: Mon 21 Aug - Tue 22 Aug VENUE: Croyland Youth Centre

TIMES: 11am-4pm AGES: 13-19 (25 for SEND)

Exodus Youth - Aspire to Achieve

Exodus Youth Hub is a safe space to meet new friends, learn new skills and have fun. The Aspire to Achieve sessions aim at unlocking potential whilst supporting young people to build essential life skills and providing opportunities to try any and all of the following activities: Life Skills -Healthy Eating and Nutrition, Cooking, First Aid, CPR, Resilience, Confidence, Budgeting & Finance, Mental Health, and Mindfulness techniques. Arts & Crafts - Origami, Bead Crafts, Crochet, Cross Stitch, Fashion Design, Rock painting, Drawing, Painting, Hairstyling. Physical Activities - Basketball, Football, Boxing, Gymnastics, Netball. Alongside Gaming, Board Games, Puzzles, LEGO and much more.

DATES: Wed 23 Aug
VENUE: Croyland Youth Centre
TIMES: 10am-3pm AGES: 11-19 (25 for SEND)

Creative Mustard Seeds: Jewellery Making & Spray Art Workshop

Creating is fun, it has no age, race or gender limitations. Come and join us on our exciting 4-day creative programme where you will make stunning one-of-a-kind jewellery and accessories, using polymer clay and an array of beautiful beads. Unleash your creative side with our fantastic spray art workshops where you will be designing and making your very own spray paint clothing and accessories. Our workshops create a space where you are free to express yourself within your creations, take time out to connect with thyself, while learning a new and versatile skills.

DATES: Mon 21 Aug - Thu 24 Aug VENUE: Alan Pullinger Centre TIMES: 11am-4pm AGES: 11-19 (25 for SEND)

Eyelash Extension

Want to acquire a skill that can be used as a side hustle? Why not try individual lashes. Eyelash extensions have become very popular over the years and is prominent in the beauty industry, making it a great way to increase your potential income. The workshop is aimed at anyone who wants to learn the fundamental skills needed to apply individual eyelash extensions. In this workshop you will learn;

- How to apply individual eye lash extensionsHow to use the tapping & mapping method
- What products and tools are needed
- Health and safety guidelines
- How to promote on social media

DATES: Mon 21 Aug - Wed 23 Aug VENUE: Ponders End Youth Centre

> TIMES: 10am-3pm AGES: 13-19

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TM Pop Up Art Studio

For young people aged 15-19 years who study art and want to add to their coursework/portfolios or just relax and enjoy art-making for fun. Local arts organisation Tiger Monkey UK Ltd presents a three day pop-up art studio equipped with all art forms from painting to textiles to photography and digital arts as well as Posca pens, spray-paints and skateboards.... Arts Award Gold pathway is an AS level option and you can get started here!

DATES: Mon 21 Aug - Wed 23 Aug VENUE: Orchardside School TIMES: 10am-3pm AGES: 15-19

Kick Ass Martial Arts & Multi Sports

A combination of self-defence, kung fu, Tai Chi, boxing pads and strike shields, to get fit, learn to defend yourself and make new friends. Enjoyable fun classes including team building games and some multi sports to keep everyone happy. For beginners no experience required. Free grading examinations. Certificates awarded to successful students, medals to top students. Join a winning team with 35 years of experience.

DATES: Mon 21 Aug & Wed 23 Aug VENUE: Ponders End Youth Centre TIMES: 1.30pm-4.30pm AGES: 11-19

Design It & Make It

Unleash your inner designer and embark on an empowering journey to create your own fashion pieces. Learn the art of sewing, and bring your unique product to life. Dive into the world of sewing, pattern cutting, and garment construction, gaining invaluable skills. With an introduction to fashion entrepreneurship, these talents extend beyond fashion into various creative and business fields. Cultivate an unwavering belief in your abilities as you watch your brand flourish. Join us now to ignite your entrepreneurial spark and leave a lasting mark on the world. The adventure begins today!

DATES: Mon 21 Aug - Wed 23 Aug VENUE: Unity Hub @ Craig Park TIMES: 11am-4pm AGES: 11-19 (25 for SEND)



SUMMER UNI VENUES

Angel Gardens Rays Road, London N18 2NX

Edmonton Green Library 36-44 South Mall, London N9 0TN

Broomfield Park Broomfield Lane, London N13 4JN

Orchardshide School 230 Bullsmoor Lane, Enfield EN1 4RL

Unity Hub @ Craig Park 2 Lawrence Road, Baxter Road, London N18 2HN

Oasis Academy South Street, Enfield EN3 4PX

Millfield Theatre Silver Street, London N18 1PJ

Enfield Town Library 66 Church Street, Enfield EN2 6AX

Enfield Town Park Cecil Road, Enfield EN2 6LE

Alan Pullinger Centre 1 John Bradshaw Road, London N14 6BT

Bell Lane Youth Centre Bell Lane, Enfield EN3 5PA

Craig Park Youth Centre 2 Lawrence Road, Baxter Road, London N18 2HN

Croyland Youth Centre 1 Croyland Road, London N9 7BA

Ponders End Youth Centre 129 South Street, Enfield EN3 4PX

REGISTER NOW AT

WWW.YOUTHENFIELD.TAPTUB.CO.UK/REGISTER